

**Nagaland Board of School Education
Kohima**

NOTIFICATION NO. 22 /2023

Dated Kohima, the 6th March 2023

NO.NBE-8/Ad-Misc(10)/2022-23 : National Commission for Protection of Child Rights (NCPCR) has been celebrating examination with its campaign 'Pariksha Parv' since 2019, intending to change the outlook/perspective of children towards examination stress and overcome their anxiety before examination result.

As notified vide Notification No.16/2023 dated 10th February 2023, regarding celebrating Pariksha Parv 5.0, it may kindly be noted that Pariksha Parv 5.0 will be starting from 6th February, 2023 to 31st March, 2023.

The live streaming sessions organised by NCPCR can be very beneficial for the children and they can learn from the experts, get a better understanding about their future goals and can get tips on how to cope with examination stress/how to manage time/things to keep in mind while studying, etc., and learn some tips that they can accommodate in their lives. Live streaming sessions can be watched from **6th February, 2023 to 31st March, 2023** on NCPCR social media account- Facebook on <https://www.facebook.com/NCPCR>, and on **YouTube/Channel/NCPCR** or on **YouTube/Doordarshan national** (details are available on NCPCR website <https://ncpcr.gov.in>.)

All Heads of Institutions are requested to motivate and encourage the students to attend the live sessions and ask questions to the experts during the live streaming.

Sd/- Asano Sekhose
Chairman

NO.NBE-8/Ad-Misc(10)/2022-23/ 409


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A. Copy for information and necessary action:

1. The Heads of Registered Institutions (Govt. & Private)

B. Copy for information:

1. The Commissioner & Secretary to the Govt. of Nagaland, School Education, Kohima.
2. The Principal Director, School Education, Nagaland, Kohima.
3. The Director, IPR, Nagaland, Kohima with a request to disseminate the above notification in the media.
4. All the DEOs/Sr.DEOs/SDEOs, Nagaland. He/She is requested to kindly disseminate the information to the schools under his/her jurisdiction.


(Rangumbing Nsarangbe)
Secretary